

LIFETIME WINTER/SPRING CONCIERGE MEAL MENU

Please note that the below menu is for our **concierge meals** and **picnic hampers**, some items may vary due to what is available at the time. All meals will be delivered to your villa each day with simple instructions on how to add the finishing touches or reheat, allowing you to dine when you are ready.

LifeTime's cook-up Breakfast

We stock your fridge with the following items for your self-service breakfast: Bread selection, butter, eggs, juice, Kangaroo Island sheep's milk yogurt, our special muesli, and stewed fruits.

Lunch or Dinner (including dessert)

1. Gnocchi

LifeTime's special home-baked artichoke heart and parmesan Gnocchi with creamy pesto or kassundi sauce with summer salad.

2. From the Sea

Local fish steamed in a paper pocket of white wine and herbs. Served with jasmine rice and KI sheep's feta, olive and tomato salad. Our special M.A.C sauce

3. Lemon Chicken

Tender chicken thigh baked in cheese and lemon zest. Mashed potato and sesame seed green bean salad.

4. Taste of KI

Home smoked local fish with pickled samphire, KI olives, calamari salad with local sheep's feta, crusty bread, KI olive oil.

5. Moroccan meat balls

Moroccan spiced meat balls poached in a rich ginger, capsicum & chili sauce served with quinoa couscous and mixed chick pea and bean salad.

6. KI Lamb Shanks

Lamb Shanks with a tomato, orange and wine sauce. Served with rice, steamed greens and crusty bread

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Dessert

One of the following desserts will be served with the above selection.

- Old style apple crumble and cream
- Forbidden Fruits – chewy meringue, walnuts and our own home dried figs served with thick cream.
 - Chocolate brownie cake with a mixed berry compote
 - Orange almond cake with orange sauce and cream

Lunch or picnic-hamper selection:

With notice the below can be packed for touring.

- Home smoked local fish with pickled samphire, KI olives, calamari salad with local sheep's feta, crusty bread KI olive oil. Home made muffins.
- Smoked salmon frittata with truffle oil and mushrooms, horseradish sauce, marinated chicken with sweet balsamic dressing and KI ricotta. Summer salad. Scones jam and cream.